

MAHINA TIARE'S SAILING ITINERARY LEG 4, 2006 PANAMA - TORTOLA

Date	Departures & Arrivals	Depart Time	Miles	Hours	Activities	Class	
Thur 25	Arrive aboard				Orientation - safety briefing	Safety – liferaft, extinguishers, pumps, deck & galley oreintation	
Fri 26	Transit Pan Canal	0500	43	8		Line handling, knots, cleats & stowing lines	
Sat 27	Naranjo		12	7		Steering, points of sail, reefing, radar, anchoring	
Sun 28	Portobello		12		Hiking & exploring hist. town	Engine, Inventory Survival Packs,	
Mon 29	Nombre de Dios		18			Coastal Navigation	
Tues 30	San Blas		40		Snorkel & explore beach	Marine Weather	
Wed 31	San Blas				Kuna village	Lifesling overboard	
Thur 1	San Blas				Village & exploring	Rig check and spares	
Fri 2	Depart San Blas		1000			Galley provisioning	
Sat 3						Anchoring in varying conditions worldwide	
Sun 4						Diesel engines	
Mon 5						Electrical power systems and watermakers	
Tues 6						Storm Tactics	
Wed 7						Celestial navigation	
Thur 8						Communication options	
Fri 9			9			Cruising medicine	
Sat 10						Tidal currents	
Sun 11						Dealing with officialdom	
Mon 12	Arrive Ponce				Customs, laundry, exploring	Splicing and rope work	
Tues 13	Ponce				Museums and historic city	Sail repair, use of sewing machine	
Wed 14	Depart Ponce	120	20	0900	Customs	Voyage planning	
Thur 15	St. Croix				Explore historic town	Winch servicing	
Fri 16	Peter Island	40	7	0900	Snorkeling, hiking	Boat maintenance while cruising	
Sat 17	Virgin Gorda	20	4	0900	Hiking, cycling, swimming	Going aloft	
Sun 18	Arrive Road Town	20	4	0700	Wash boat, fuel	Graduation dinner ashore	
Mon 19		Total Distance: 1650 miles					Pack bags, clean cabins, sign guest book